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| Keep your heart with all diligence, For out of it spring the issues of life. Proverbs 4:23  "But those things which proceed out of the mouth come from the heart, and they defile a man.” Matthew 15:18 Overflow | The Heart **\*Mind—**thoughts  Beliefs  Conscience  Memory  Understanding  Judgments  Discernment  **\*Affections**—desire  Longings  Feelings  Emotions  Imagination \*Will—determines actions and chooses \*Fitzpatrick*,*Elyse. 2001. *Idols of the Heart*. Phillipsburg, NJ: P & R Publshing Co. | Life Study | Philippians 4:4-9 1)  2)  3)  4)  5) | Practical Steps |